

VFNC

OFFICERS 2018-19

President

Trudy Snell 758-4120

1st VP: Leo's & Luncheons

**Mary Dahlberg
598-1330**

2nd VP: Programs

**Co-ordinator Linda
Mueller 727-5807**

3rd VP: Membership Sandy Stevens

**390-2397 Treasurer:
Yolanda Hayden
727-1963**

Recording Secretary Diane Granger

510-6917

**Corresponding
Secretary: Carla
Berhold 630-8720**

PRESIDENTS LETTER



Hi Vista friends,

We had a most enjoyable coffee in July. We were entertained by the Little Hawaiian Dancers from Escondido. Yours truly, joined them for the finale dance.

I will be the only president for this year as Janet is now working and her work schedule is very demanding, she resigned her co-president position. We will see her at evening and weekend VFN events.

Mary Held has left Vista and gone back to live with her daughter in North Carolina. We will miss her and wish her comfort.

Hope to see you at our Coffee this month. We will welcome, Amanda Freitag speaking about publishing a cookbook and sharing her recipes.

Happy Summer, Trudy

Monthly Activities Information

Monthly Scheduled Activities

Brunch Bunch: 1st Thursday of month

Book Club: 2nd Tuesday of month

Bunco Group: 1st Monday of month

Coffee: 2nd Thursday of month
Game Day: 4th Monday of every month

Happy Hour: various days

LEI Chefs: 4th Saturday or Sunday of every other month

LEO: 3rd or 4th week of month

Luncheon: 3rd or 4th week of month

M & M's Chef: 2nd Tuesday of every other month

Mahjong- every Wednesday morning

Movie Day- Various days

Board Meeting: 4th Tuesday of month

Stitch & Bitch: 4th Friday of month

BRUNCH BUNCH

The August brunch group will go to the new PEGAHS in Vista, 945 S. Santa Fe Ave, on Thursday, August 2. It's We will meet at 10:00. a.m. Let Juanita know if you plan to come, as I made reservations for only ten. Please notify Juanita of your planned attendance. JUANITA SAVAGE, 760-746-9115

LUNCHEON

Thurs, August 16

Lunch at the newly opened Swami's in Vista at 11:00. 20 Main St. at the corner of Wave Dr, Across the street from the entrance to the Water Park. Sign-up sheet at the August Coffee or let Mary Dahlberg know of your planned attendance. Mary Dahlberg 760-598-1330.

LEI CHEF'S

Janet will be our hostess for Sunday, August 12 at 11:30 a.m.

M & M's Group

M&M's will be held the home of Marilyn Freitag on Tuesday, Sept 18. Linda Mueller 760-231-1754

LEO DINNER

No LEO Dinner will be held in August.

BOOK CLUB

August will be your choice of summer book and we will meet at Bunny Moore's.

Sept- A Fall of Marigolds by Susan Meissner- Marilyn Freitag, Hostess

Oct.- Small Great Things by Jody Picoult- Mary Dahlberg will be our hostess for the meeting, a potluck dinner, at 4:00. Please let our hostesses know of your planned attendance. Maureen Tutino 760-598-8211

COFFEE

Program for the August Coffee is published author Amanda Freitag. She will be presenting recipes from her newest cookbook. Please mark your calendars and plan to attend the August Coffee on August 9. See you then.. .

SPECIAL EVENT

A SAVE THE DATE - October 25, Thursday. Plans are underway to visit the Huntington Gardens and indulge in High Tea. More on times and cost at a later date.

BOARD MEETING

The August board meeting will be held on Tuesday, August 28 at Marilyn Freitag's at 10:00 a.m. All members are invited to attend board meetings. Please notify your hostess of your planned attendance.

MOVIE DAY

The August Movie will be "The Guernsey Literary and Potato Peel Society" starring Lily James and will be streamed on Netflix on the following dates and times, at the home of Sandy Stevens, 984 Ashton Court, Vista. **CONFIRMATION WILL BE EMAILED.** Another date will be added if needed.

Monday, August 13, 10:00 a.m - 12:30 p.m.. Lunch Included. 6 maximum attendees.

Wednesday, August 15, 1:00-3:30 p.m. Lunch Included. 6 maximum attendees.

Sandy Stevens: 230-2397.

STITCH & BITCH

Looks like we will be taking this month, August, off, as Trudy will be up north helping out her daughter after the birth of her new granddaughter. We will resume regular meeting schedule in September. Trudy Snell 760-758-4120



SUNSHINE

Mary Held has moved to her daughter Karen's in North Carolina. You may contact her or send her some sunshine cards at Karen Reidermann, 1916 Bridlewood Court, Leland, NC 28451. Mary's cell phone # is 760-877-1182. Please remember the time difference between the states. Lynn Hillman will be doing Sunshine. Please let her know of members who need some Sunshine. Lynn Hillman (760) 727-2608

MEMBERSHIP

Happy News, the board has voted to reduce the dues to VFNC for the 2018-2019 year to \$10 per year. This was done in hopes of stimulating membership and retention.

Vista Friends and Newcomers the deadline for membership is NOW!! Please send your \$10.00 check to Sandy Stevens, 984 Ashton Court, Vista, California, 92081.

Please send your dues to me by August 14. to make sure your information is in the roster.

sandystevens42@gmail.com/760-390-2397.

Dues are due by August 14. They are only \$10 for this next year. Please send your check to:

Sandy Stevens, 984 Ashton Court, Vista, CA 92081



ROSTER CHANGES

VFN currently has 38 paid members.

Since there is not going to be a new 2018-19 roster printed, please update and correct membership listings below.

JUDY BEAUMONT: APT. 9, BIRTHDAY, 9/26

YOLANDA HAYDEN: EMAIL SHOULD READ yolanda@yolandasvacations.com

GRACE HOFFMANN: 1320 MORNING GLORY LN.

SALLY MCVITTY: NO LONGER HAS A LAND LINE

JEAN MEEKS (new member): ADDRESS, 5014 CORINTHIA WAY, OCEANSIDE, 92056, BIRTHDAY, 9/5, jjean501@gmail.com

JUANITA SAVAGE: CELL NUMBER IS 760-642-8733

JAN ZACHARIAS (new member): HUSBAND RON, ADDRESS, 729 MOSAIC CIRCLE, OCEANSIDE, 92057, 805-252-8074, BIRTHDAY 1/15, rjzach@sbcglobal.net

CHRIS ZOCH (new member): HUSBAND NICK, ADDRESS, 1738 EL DORADO CT. VISTA, 92084, 503-381-8818 BIRTHDAY, 11/9, czoch7747@gmail.com

VFN STANDING RULES: ALL ACTIVE MEMBERS WILL PAY DUES OF TEN DOLLARS (\$10.00) A YEAR.

GAME GROUP

Game day will be at Marilyn's home on Monday, August 27 at 1:00 p.m. Come join us for fun games and camaraderie. Please call me if you are able to come. 818 264-9913.

Marilyn Freitag- cell number 818-264-9913

HAPPY HOUR

Wed., August 29

Happy Hour at 4:30 at PF Chang's in Carlsbad. 5621 Paseo Del Norte, across the street the Outlet Center.

Sign up at the Coffee or call Mary Dahlberg, (760) 598-1330.

BUNCO

Bunco will resume play in September and Yolanda will be our hostess.

Bunco News: If you would like to sub for Bunco please let Yolanda Hayden know. Yolanda Hayden 760-727-1963



AUGUST BIRTHDAYS

August 1 Judy Patterson August 6 Marilyn Freitag

SUNNY & SHARE

No News this month. Please share your vacations and family news with us.

If you have any happy news, let me know. My cell phone is 760-583-7492. Or text me, I am in the book or send an e-mail. Gail Michaels

CHARITIES

Please bring your greeting cards, (fronts only) and toiletries to the monthly meeting for distribution to ARC and The Women's Resource Center.

Judy Beaumont

PUBLICITY

Brochures and business cards were handed out to the attendees at the installation luncheon June 14th. Please remember to let me know where you placed the. Brochures were distributed to retirement communities in Vista and by the time you receive your newsletter I will have distributed brochures in Escondido retirement communities.

I have submitted pictures from the installation to SD Union Tribune, The Coast News and The Paper which is a free paper covering Vista and surrounding communities. Please be on the lookout for these 3 papers and our installation news. Cut them out and give to Marilyn Freitag.

VFN HOLIDAY LUNCHEON

Friday December 14 is the date for our 2018 Holiday Luncheon.

We will be holding it at The Twin Oaks Golf Course. Menu choices will be Herb Roasted Chicken, Grilled Salmon, Pasta Primavera. Salad, Rolls & Butter and Dessert. Coffee, Tea, Iced Tea, Champagne and Sparkling cider are also included.

Exciting news: Members will not have to pay for their meal.

Guests will be paying \$42.00

July Coffee Meeting



ACTIVITIES Outside of VFN




FREE National Senior Citizens Day Celebration

Join us in celebrating you, Seniors of Vista!

Gloria McClellan Center

Tuesday August 21
10:30 am to 12:30 pm

Music by Sundance Band 10:30a - 12:30p 	BBQ Lunch Reservation required by Aug 20th 12:00p - 12:30p 	Prizes! Prizes! Every half hour! 10:30a - 12:30p 
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 **1400 Vale Terrace Dr, Vista**
(760) 643-5288 | www.gmacvista.com

BUNCO/GAMES PARTY

Fundraiser for the Elks Scholarships

Saturday, Oct. 13 10:30 a.m. -2:30 p.m.

Cost: \$20 Prizes and 50/50

Lunch will be served

Contact: Lynn Hillman, 760-727-2608

2175 Ipanema Lane

Vista, CA 92084

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 10:00 AM MAHJONG	2 10:00 AM BRUNCH BUNCH	3 10:00 AM DANDY LI-ONS	4
5 1:00 PM Bunco	6	7	8 10:00 AM MAHJONG	9 9:30 AM VFN COFFEE	10	11
12	13	14 10:00 AM BOOK CLUB	15 9:00 AM MAHJONG	16 11:00 AM LUNCHEON	17	18
19	20 Eid al-Adha	21	22 10:00 AM MAHJONG	23 10:10 AM Flight: WN 1752 from SAN to SMF	24 12:30 PM MERRY GOLDS	25
26 1:00 PM GAME DAY	27 10:00 AM BOARD MEETING	28	29 10:00 AM MAHJONG 4:30 PM HAPPY HOUR	30	31	1